



MODULE 02, LESSON 01

5 Big Questions

How to Use This Action Sheet

- Print these babies out, grab an iPad with PDF markup capability, grab a journal or open a fresh document.
- The more fully present and honest you can be when answering and working through these questions, prompts and exercises, the more you're going to get out of the course!
- Watch the corresponding training video and get inspired!
- If you have any questions, contact us at info@music-threesixty.com so we can help you ASAP!

A few things to keep in mind before we begin the questions!

- GET MESSY!! It's a must.
- So much of how we teach is a reflection of how we were taught. That's why it is really important to think about why you do things a certain way. Is it because that's just what you know, or because you believe it's the best way?

QUESTION #1: What did your best teachers do?



MY ANSWER!

What my best teachers did:

- kind
- honest
- great musicians
- challenged me
- respected my voice
- inspired me
- lifted me up
- prescriptive standards, not prescriptive methods

QUESTION #2: What did you learn from learning an instrument?

Make 2 lists: musical & non-musical

m u s i c a l

n o n - m u s i c a l



MY ANSWER!

The things learning music taught me:

musical

- Fundamentals
- Scales
- Etudes/exercises
- Repertoire
- Phrasing
- Style

non-musical

- Perseverance + grit
- Culture
- Time management
- Dedication
- Patience

QUESTION #3A: What's your learning style?

Learning Styles to Keep in Mind:

- visual + spacial
- auditory + musical
- verbal
- logical + mathematical
- physical + kinesthetic
- social + interpersonal
- solitary + intrapersonal



Question #3B:

How could you teach a scale using at least 3 different learning styles?

MY ANSWER!

Scales for different learners:

- Visual
 - Show the student the scale in many ways. Letter names, music, flashcards, colors. Have them write the scale, too! Have them watch you!
- Auditory
 - Play the scale to the student, in many patterns. Talk about the scale, perhaps say the names of the notes out loud.
- Verbal
 - Have the student say the scale outloud, perhaps while fingering the notes. Have them explain things to you!
- Logical
 - Enter music theory!! Explaining whole and half steps and their relation to the staff and the instrument could be very helpful.



Question #4:

What motivated/motivates you to learn/practice?

MY ANSWER!

What motivated me to learn/practice:

- Incremental but consistent improvement
- Kindness and support
- Feeling successful
- Feeling like I had a clear path forward

A Few Examples of Motivational Tactics!

- Intrinsic vs. Extrinsic Motivation
 - I avoid the sticker reward, and try to instill an even bigger reward: you sound better when you practice!
- Competence
 - Respecting the level of the student; finding the sweet spot between bored and overwhelmed
- BJ Fogg Behavior Model
 - The 3 core motivators are Sensation, Anticipation, and Belonging. If we feel rejected, fearful or in pain, motivation will CRASH!
- Autonomy
 - Giving students choice



Question #5:

Imagine one of the best lessons you've ever had: why was it great?

SUMMARY!

Now that you've completed this exercise, you have so many pages of material to draw from for your teaching philosophy.

As we will see in the next lesson, the more genuine your teaching philosophy is, the more it will resonate with people! So, don't hide behind any of the stories that you dug up in this lesson.